



CATALOGUE

## About us

Mbalemhlophe Health Services is based at Johannesburg and Port Shepstone, the company management structure is 100% black. The company is based within the borders of Gauteng and KZN, we provide services throughout the country.

## Our services

Occupational Health Medical (Annexure 3)

Wellness

Primary Health Care

Training

- First Aid Level 1, 2 & 3
- Basic Fire Fighting Level 1
- She Representative

## **OCCUPATIONAL HEALTH MEDICALS**

- Hearing test
- Lung function test
- Vision test
- Physical examination
- Weight and Height
- Drug testing (If requested)
- Certificate of fitness

# BASIC FIRE FIGHTING TRAINING

## Module Include

- Physiology of fire
- Gases produced by workplace fires
- Fire development in a compartment
- Fire control theory
- Fire extinguishers
- Fighting fires
- Fire hose reels
- Fire buckets
- Causes and prevention of workplace fires

**The Course Duration is 1 Day**  
**Certificate is provided same day after the course**



# FIRST AID TRAINING

## Module Include

- Emergency Scene Management
- Shock, Fainting Choking and CPR
- Injuries/ medical condition and their treatment

**The Course Duration is 2 Days**  
**Certificate is provided same day after the course**





# **SHE REP TRAINING**

## **Module Include**

- Legislation
- Safety concerns
- Safety committees
- Inspections
- Communication

**The Course Duration is 1 Day**  
**Certificate is provided same day after the course**





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